

Florida EMSAC – Public Information,
Education & Relations Committee

PRESENTS



HANDS-ONLY CPR

VIDEO COMPETITION

Calling all EMS / Fire Agencies / Hospitals / Public Safety Educators

ENTRY RULES

- ✓ Be Creative / Stand Out
- ✓ 45 seconds in Length
- ✓ Both Adult and Pediatric
- ✓ Must be uploaded to public platform

ENTRY DATES

Entries Begin

February 1, 2025

Entries End

September 1, 2025

Entries must be emailed to EMS@FLHealth.gov and should include a link to download the video, the attached entry form, and photo release form. The winning video will be voted on by the Florida EMS Advisory Council. The winning entry will be announced at the Winter EMS Awards Ceremony and will be used to promote hands-only CPR through the state and nationally.